



## Fun family food

Smoothie maker Innocent has published its first cookbook. *Hungry?* promises 'healthy, tasty, no-fuss food that the whole family can enjoy' and delivers just that – plus a lot more besides. The playfully illustrated book is full of games and distractions, not to mention recipes. We love how the contents page (Breakfast, Lunch, Snacks, Dinner, Sides, Pudding, Make & Bake, Drinks) is followed by 'alternative contents', referencing the more specific likes of Dinner in 10 Minutes, Lunchbox Legends, After School Snacks and Weekend Treats. **Published by 4th Estate, RRP £20**



## Just like mama used to make

Recently launched in Waitrose, The Fresh Pasta Company uses top-notch ingredients to create restaurant-quality pastas to enjoy at home. Flavours include butternut squash and sage tortelli, handmade venison tortelloni and handmade spinach, ricotta and walnut tortelloni, and the products are already stocked by Fortnum & Mason, Harrods, Harvey Nichols and Whole Foods, RRP £5.99 per 250 gram pack. [thefreshpastacompany.com](http://thefreshpastacompany.com)

## Pick of the picnics

Mayfair's Mount Street Deli, (baby sister of The Ivy, Le Caprice and Scott's) has launched a bespoke picnic hamper service, offering gorgeous wicker hampers stuffed with goodies. Customers can choose from a range of salads, meats, breads and cheeses, and even selected dishes from the restaurants, with daily-changing specials available to view a week in advance on the website. Ours included sausage rolls, a green bean and walnut salad, a ham and mushroom quiche (one of the best we've ever tasted), a rich dark chocolate mousse and a beautiful fruit tart (who said you can't have two puddings?).

[themountstreetdeli.co.uk](http://themountstreetdeli.co.uk)



food&drink

# Table Talk

by Annica Wainwright



## Bottled blooms

Capture the flavour of summer flowers with a Violet Julep.

### INGREDIENTS:

- 50ml Barcelo Gran Platinum Rum
- 20ml The Bitter Truth Violet Liqueur
- 20ml Lime juice
- 10ml Sugar syrup
- Mint leaves

### METHOD:

Muddle mint with rum, add other ingredients (except Violet Liqueur), ice and stir. Float with violet liqueur and garnish with mint leaves.

**Bitter Truth Violet Liqueur is available from Harvey Nichols, RRP £20.82 per 500ml bottle, 22 % abv**

## Believe the buzz

They say local honey helps ease hay fever symptoms and we can't think of a better way to self-medicate than with luscious London Honeycomb from The London Honey Co. Cut straight from the hive and wrapped in cool graphic packaging, it's delicious on toast, with cheese or – let's be honest – eaten straight from the tub. **Available from Harvey Nichols, priced at £8.95 per 227g pack**

